

Fresh Crunchy Veggies with Sweet Chilli dip



TREAT YOUR GUESTS TO THIS COLOURFUL NIBBLE. PERFECT ON A SUMMER'S DAY, PAIRED WITH CHILLED SPARKLING WINE.

INGREDIENTS

CRUNCHY VEGGIES

- Cucumber, cut into strips
- Carrots, cut into strips
- Yellow, green and red pepper, cut into strips
- Asparagus



SWEET CHILLI DIP

- 125 g smooth cottage cheese
- [15 ml \(1 Tbsp\) Spur Sweet Chilli Sauce](#)

METHOD

1. Spoon your sweet chilli dip into the bottom of a glass jar. Arrange all the vegetables in the glasses, standing in the dip and enjoy.