

HEAT LEVEL 4444

Indulge in our Prego Steak Roll - a flavorful combination of marinated steak in a roll for a satisfying and delicious bite.

15 Mins 4 Servings

INGREDIENTS

30 ml (2 Tbsp) olive oil 250 g (about 4) rare cooked steak slices 1 medium onion, thickly sliced 15 ml (1 Tbsp) fresh lemon juice 125 ml (½ cup) Spur Peri-Peri Sauce or Spur Durky Sauce

Spur Seasoning Salt, to taste Freshly ground black pepper, to taste ± 10 ml (2 tsp) cake flour, to thicken 4 Portuguese rolls

VARIATIONS

None

METHOD

- 1 Heat oil in a heavy-based frying pan. Add beef slices and onion and fry lightly for a few minutes.
- Add lemon juice, Spur Peri-Peri Sauce, Spur Seasoning Salt and pepper. Simmer for a few minutes. If needed, thicken sauce with a paste of 15 ml (1 Tbsp) flour and a little water.
- 3 Serve beef slices with sauce on Portuguese rolls or any other bread rolls of choice.