

HEAT LEVEL 44

Start your day with a Delicious Cheese & Mushroom Omelette - a savory blend of mushrooms and melted cheese, creating a satisfying and flavorful breakfast delight.

10 Mins 2 Servings

INGREDIENTS

Filling

30 ml (2 Tbsp) butter or margarine. 1 small red onion, chopped. 125 g button mushrooms, sliced. 3 ml (½ tsp) Spur Lemon & Peri Peri Signature Seasoning.

Freshly ground black pepper to taste.

Omelette

4 extra large eggs 45 ml (3 Tbsp) milk 30 ml (2 Tbsp) Spur Durky Sauce 30 ml (2 Tbsp) Spur Salad Dressing

2 ml (½ tsp) salt
Freshly ground black pepper to taste
30 ml (2 Tbsp) butter or margarine
100 g (1 cup) grated cheddar cheese
Chopped spring onions or any other fresh herbs to
garnish

METHOD

Filling

- Heat the butter in a heavy based saucepan. Add the onion and mushrooms and saute for about 2 minutes. Add seasoning.
- Omelette: Whisk eggs, milk, Spur Durky Sauce, Spur Salad Dressing and seasoning together.
- 3 Heat butter in a non-stick frying pan of about 20 cm. Add egg mixture to the pan. Cook the eggs over medium heat until they are set.
- 4 Spoon filling onto one half of the omelette. Sprinkle cheese over. Gently fold the half without filling onto the other half to close. Heat through, cook the omelette for about 2 5 minutes and serve hot. Garnish with fresh herbs.

VARIATIONS

- Substitute mushrooms with half a chopped red or green pepper.
- Substitute onion with leeks or chives.
- For a meaty omelette, add cooked; 125 g chopped bacon, sausages or mince.