

# Delicious French Toast



ENJOY THIS DELICIOUS TREAT FOR BREAKFAST, LUNCH OR DINNER - SAVOURY OR SWEET, IT'S UP TO YOU.

## INGREDIENTS

---

- 3 extra-large eggs
- 125 ml (½ cup) milk
- 125 ml (½ cup) [Spur Sweet Chilli Dressing](#)
- 45 ml (3 Tbsp) butter
- 15 ml (1 Tbsp) cooking oil
- 8 slices white bread
- Salt to taste



## METHOD

---

1. Whisk eggs, salt, milk and **Spur Sweet Chilli Dressing** together.
2. Cut bread slices into desired shapres (e.g. heart, triangles, circles) and dip into the egg mixture
3. Heat butter and oil in a large, heavy-based frying pan. fry egg-dipped bread slices until golden on both sides. Drain on paper towel.
4. Layer three slices with cream cheese and strawberry slices and finish off with a drizzle of syrup or honey.

## VARIATIONS

1. Turn this dish into a savoury one by topping it with bolognaise or a savoury spread like our biltong



dip.

2. Enjoy with fried bacon and mashed banana.